



## Massage with Essential Oils +5€

Lavender: calming, soothing and relaxing

Rosemary: uplifting and invigorating

Ylang-Ylang: energising and uplifting. tropical, floral and exotic

Lemongrass: fresh, stimulating and strengthens immune system

Cedarwood: grounding and calming. masculin and woody

Clary Sage: balancing and soothing.

Vetiver: antiseptic; uplifting and balancing. sweet, woody, smoky

### Spring Season Mix

Bergamot- Patchouli

Juniperberry- Tangerine

Ginger- Lime

Grapefruit- Lavender